



Frequently Asked Questions

● **What is The PaperRoom™?**

The PaperRoom™ is an intensive, visual coaching experience that gives you an in-depth look at yourself from a unique viewpoint. Through a proven process of examining your professional and personal patterns within your individual Results System™, you gain insight, access, and control of the thoughts and habits that either drive your success or get in your way. From this vantage point, you can take focused action to achieve your goals.

● **Why should I take The PaperRoom™?**

Whether you are looking to develop your leadership, grow professionally and personally, focus your career, or find your passion, The PaperRoom is an eye-opening look at yourself, your patterns and your internal way of operating. With these insights you can create positive impact, generate the results you want and find the answers you are seeking.

● **Why is it called “The PaperRoom”?**

When conducted in-person and one-on-one, a PaperRoom Coach uses poster-sized paper panels to capture information about your life and work and assembles them on the wall to give you a panoramic view of yourself: a “Paper Room”

● **How does The PaperRoom™ accelerate my coaching progress?**

Each section of The PaperRoom is designed to quickly surface the key patterns that work and the patterns that don't to help you and your coach uncover the strategies to get to your goals. Without The PaperRoom's focused framework, getting to the core takes more time.



● **Can I take the PaperRoom™ stand-alone experience?**

Yes. Coaches frequently offer The PaperRoom as an individual 4-5 hour experience typically coupled with one or two follow-up conversations. Many coaches also incorporate The PaperRoom into three- six- and twelve-month coaching programs.

● **How can I deepen the learning from my PaperRoom™?**

Your coach will provide you with Action Tools, including follow-up assignments called Explorations with which you may reflect, write, journal and share your learning from The PaperRoom.

● **Do executives take The PaperRoom™?**

Yes. Executives and senior managers find The PaperRoom a focused, insightful leadership development experience that helps them deeply leverage their experience, build the self-awareness needed for great leadership, and surmount their challenges.

● **Do you offer programs using the PaperRoom™ within corporations and organizations?**

Yes. Business and institutional organizations use The PaperRoom™ for professional growth and leadership development. We will be happy to talk with you about how The PaperRoom has made a difference in organizations.

● **How can I get more information?**

Find a local PaperRoom Coach at www.thepaperroom.com or

Call The PaperRoom Institute at **+1 (617) 868-0201** or

Email info@thepaperroominstitute.com